

"Tina Seelig is one of the most creative and inspiring teachers at Stanford. Her book ought to be required reading."
—Robert Sutton, author of *The No Asshole Rule*

What I Wish I Knew When I Was 20



A Crash Course on Making
Your Place in the World

Name of the Book: *"What I Wish I Knew When i was 20: A Crash Course on Making your Place in the World"*

Author: Dr.Tina Seelig

Presenter: Dechen Lhamo, Bhutan National Legal Institute

Synopsis of the Book

'What I Wish I Knew When I was 20: A Crash Course on Making Your Place in the World' was written by Tina Seelig. It is said that major life transformations take place when we leave the protected environment. In such instances, we are given with so many choices, and daunts us with which decision to make. The book guides us how we make difficult transition from academic environment to the professional world. The book shares provocative stories, and insights with humility and humor. It is a great book required for every person. The 212-page book is not only a guide for the young career-seekers, but for people who are facing major changes and transitions in life leaving the comfort zones of academic institutions and facing the professional world.



Profile of the Author

Dr. Tina Seelig is a best-selling author on innovation, entrepreneurship and creativity. She is a Professor of the Practice in the department of Management Science and Engineering at the Stanford University School of Engineering and faculty director of the Stanford Technology Ventures Program.



Profile of the Presenter

Dechen Lhamo studied at Punakha Higher Secondary School. She received her BA., LL.B (Hons.) from the Government Law College, Mumbai, India. She completed the Post Graduate Diploma in National Law (PGDNL) in 2011. She began her career as Legal Officer at the Bhutan National Legal Institute in 2013.

Discourse

This book talks about the major life transitions such as leaving the protected environment of school or starting a new career can be daunting. It is scary to face a wall of choices, knowing that no one is going to tell

us whether or not we are making the right decision. There is no clearly delineated path or recipe for success. Even figuring out how and where to start can be a challenge. As the Executive Director of the Stanford Technology Ventures Program, Tina Seelig guides her students as they make the difficult transition from the academic environment to the professional world, providing tangible skills and insights that will last a lifetime. Seelig is an entrepreneur, neuroscientist, and popular teacher, and in *‘What I Wish I Knew When I Was 20’* she shares with us what she offers her students—provocative stories, inspiring advice, and a big dose of humility and humor. These pages are filled with fascinating examples, from the classroom to the boardroom, of individuals defying expectations, challenging assumptions, and achieving amazing success. Seelig throws out the old rules and provides a new model for reaching our highest potential. We discover how to have a healthy disregard for the impossible, how to recover from failure, and how most problems are remarkable opportunities in disguise. *‘What I Wish I Knew When I Was 20’* is a much-needed book for everyone looking to make his or her mark in the competitive world. This session of the Book Club witnessed attendance of High Court Justice Pema Wangchuk, Justice Kinley Dorji, Judge Rinchen Penjor, Judge Passang Wangmo and Judge Kesang Choden. Lecturer Sonam Tshering of JSW Law and PGDNL trainee Kinley Choki also participated in the program, in addition to the officials of the Institute.

